

IDA Annual Conference

Lyrath Hotel | Kilkenny | May 15-17, 2025



DENTISTRY

THE WAY FORWARD

ADA C·E·R·P® | Continuing Education Recognition Program

President's welcome

Welcome to Annual Conference 2025, Dentistry – The Way Forward, our annual gathering of dental professionals from around the globe, set in the stunning surroundings of Lyrath Estate, Kilkenny. From May 15-17, 2025, we come together to explore the future of dentistry, exchange groundbreaking ideas, and advance our shared goal of excellence in dental care.

This year our Conference offers a unique opportunity for delegates to enhance their experience by attending one of seven workshop courses on Thursday, May 15. We have never had such an exciting and broad mix of opportunities. These courses have been designed to provide in-depth knowledge and hands-on training in various aspects of dentistry, ensuring that you are well prepared for the dynamic discussions and presentations that will follow throughout the Conference.

We are privileged to host a remarkable line-up of world-renowned speakers, who will share their expertise on a variety of pivotal topics. Their insights promise to inspire and challenge us, pushing the boundaries of our profession and setting new standards for innovation and patient care. I am particularly delighted to welcome Prof. Ama Johal, Queen Mary University London, who will present on sleep disorders and on aligners, Dr Mauro Frediani, who will give a masterclass in prosthetic rehabilitation, and Dr Jeroen Liebregts, who will present on facial trauma, along with many more wonderful presenters.

Additionally, do not miss our full trade show on Friday and Saturday, featuring over 50 trade stands. This will be an excellent opportunity to explore the latest innovations and products in the dental industry, and to connect with vendors. The Conference always presents me with a fabulous new material or tool; you just need to talk to the trade to find your new toy for Monday morning that will take your practice to another level.

Equally important, this Conference is a time for us to reconnect with old friends, make new acquaintances, and enjoy a few days away from the busy dental practice. The relationships we build here are as valuable as the knowledge we gain, fostering a strong and supportive community within our profession. Together, we will navigate the evolving landscape of dentistry and discover the paths forward that will lead to the continued betterment of our practices and patient outcomes. I encourage you all to book for what will be a great night on Thursday, May 15, at the Kilkenny Medieval Museum, and of course our Annual Dinner on Friday evening.

We have established a parallel facial aesthetics programme that will take place on Friday, May 16. Our Association must be involved in facial aesthetics because of our expertise in orofacial anatomy, and our programme aims to promote ethical practice and highlight the need for proper training. This will help to protect patient safety and enhance professional accountability. We have organised an impressive mix of experts for a full day of lectures. We thank you for your participation and look forward to an engaging, enlightening, and inspiring conference.

I will see you all at Dentistry – The Way Forward in May 2025!



Dr Will RymerPresident Elect

CONFERENCE COMMITTEE



Kieran O'Connor Chair



Aoife Crotty



Aisling Donnelly



Saoirse O'Connor



Gabrielle O'Donoghue

PRE-CONFERENCE PROGRAMME

Thursday, May 15



Maximising your success in endodontics **Drs Richard Flynn and Aisling Donnelly**

FULL-DAY HANDS-ON COURSE (9.00AM-5.00PM)

Endodontics requires precision and at times can involve challenging treatments. Through comprehensive lectures and practical hands-on teaching, this course will ensure that you can confidently achieve maximum and consistent success when providing endodontic treatment.



Learning objectives:

- learn how to recognise potential difficulties before commencing your root treatments;
- get tips and tricks on diagnosis that can help you avoid common mistakes;
- provide a systematic and simple approach to instrumentation and irrigation to achieve thorough disinfection of the root canal system;
- provide tips on negotiating more challenging canals (curved, sclerosed, or ledged); and,
- discuss methods to achieve adequate obturation of the prepared canals.



Contemporary direct rehabilitation: the composite onlay and edge bonding masterclass **Dr Andrew Chandrapal**

FULL-DAY HANDS-ON COURSE (9.00AM-5.00PM)

Aims and objectives:

The use of direct composite for treatment of the worn dentition has been commonplace for many years. Contemporary workflows, together with wellcited occlusal principles, have resulted in predictable outcomes. These form the basis behind this study day, which will be a combination of theory and hands-on practice.

Aims:

- to identify the indications for direct onlays and to provide a technique for application and accurate transfer from a mock-up;
- to highlight the importance of occlusal morphology knowledge; and,
- to predictably identify anterior occlusal disease.

Objectives:

- to provide confidence in predictable direct onlays using simplified and accurate transfer methods;
- to troubleshoot edge bonding techniques in terms of function and aesthetics; and,
- case reviews and recalls evaluation to validate workflows and address the importance of occlusion.



Dental implant maintenance workshop

Dr Tim Donley

HALF-DAY WORKSHOP (2.00PM-5.00PM)

The world of implant maintenance has changed. Keeping the soft tissue healthy adjacent to titanium is quite different from maintaining natural teeth. This workshop will be an opportunity to learn the very latest on the requirements for implant maintenance and the instrumentation that maximises the chance you will meet those requirements. A combination lecture and workshop discussion will allow all attendees to form or refine an office protocol for management of peri-implant mucositis and peri-implantitis.

PRE-CONFERENCE PROGRAMME

Thursday, May 15



Facial aesthetics – advanced toxin treatments Drs Mairead Browne, Paul Kielty and Sarah Kate Quinlivan

FULL-DAY LECTURE AND DEMO (9.00AM-5.00PM)

This course is aimed at practitioners who have completed foundation Botulinum toxin Type A training, who are looking to update and advance their knowledge and skills, and to provide a broader range of treatments.



On this full-day agenda, we will review pharmacology, application of the Botulinum toxin treatments, specific techniques for each advanced area, and review the newest toxins, along with complications management and clinical demonstrations on live patients. We will explore advanced uses of toxin treatment outside the 'three areas'.



We will also address the business side of aesthetic medicine, how to build a patient list, and provide a guide on how to integrate these advanced treatments effectively and safely in your own practice.



A modern approach to the prosthetic rehabilitation – the MIPP technique

Dr Mauro Frediani

HALF-DAY MASTERCLASS (1.30PM-5.00PM)

A successful prosthetic rehabilitation depends on the combination of several strategic factors, such as the evaluation of a correct treatment plan, the selection of the most appropriate ceramic material, the application of modern clinical procedures, and the use of digital tools.

By following an innovative operative protocol called MIPP (minimally invasive prosthetic procedures), the dentist can face highly compromised clinical situations with a minimally invasive approach. As a result of the alteration of the vertical dimension of occlusion (VDO), it is possible to take advantage of the newly created space between the two arches with the effect of minimising the invasiveness of the treatment when using veneers, full veneers, buccal-occlusal veneers and table tops, even with very reduced ceramic thickness. Thanks to the MIPP, it is possible to re-establish an ideal occlusal relationship and to avoid additional endodontic or surgical steps that were traditionally necessary in order to improve the retention of the restorations. The maintenance of a maximum amount of enamel and the use of the appropriate bonding technique guarantee a remarkable resistance and a long-lasting result of the prosthetic rehabilitation.

Learning objectives:

- perform an ideal aesthetic and functional treatment plan with a traditional and a digital approach;
- select the appropriate technique and ceramic material when approaching a full-mouth rehabilitation; and,
- learn innovative operative protocols with (MIPP for long-lasting aesthetic and functional results.

PRE-CONFERENCE PROGRAMME

Thursday, May 15



The role of dentists in managing a range of sleep-related breathing disorders

Prof. Ama Johal

FULL-DAY HANDS-ON COURSE (9.00AM-5.00PM)

This presentation will provide an evidence-based approach to dental sleep medicine, in particular providing an overview of the range of sleep-related breathing conditions and exploring the latest NICE (2021) guidelines supporting the role of dentists and intra-oral appliance therapy. We will explore the mode of action of intra-oral custom-made appliances and address the importance of optimising patient selection, design features and, importantly, highlighting the evidence summaries of their effectiveness in clinical practice. Dentists will be introduced to the process of assessment of a patient presenting at their surgery with a complaint of 'snoring' and become familiar with the valid screening tools used to assess these patients in a quick and easy manner.

Learning outcomes

- 1. Dentists will understand the range of sleep-related breathing disorders.
- 2. Dentists will understand the role of intra-oral custom-made appliances in the management of sleep-related breathing.
- 3. Dentists will become familiar with the assessment procedure and prescription of a custom-made intra-oral appliance for the treatment of snoring.



Managing patients with substance use disorders Dr Ann Spolarich

HALF-DAY LECTURE (2.00PM-5.00PM)

Substance use disorders (SUDs) affect individuals of all ages, and lifetime substance use is associated with numerous chronic oral and systemic health problems. The purpose of this course is to review common SUDs and how to safely manage patients with SUDs who are undergoing dental treatment. Medications for addiction treatment (MATs) will be discussed, including the essential role medications play in successful recovery. Participants will learn how to identify the intra- and extraoral signs and symptoms of SUDs. Treatment planning considerations, including the need for laboratory tests, the safe use of local anesthetics with vasoconstrictors, risks for infection, bleeding and medical emergencies, and prescribing considerations will be discussed.

Learning objectives:

After attending this programme, the participant will be able to:

- 1. Identify and discuss risk factors for developing SUDs.
- 2. Discuss reasons why SUDs and mental illnesses co-occur.
- 3. Identify and discuss comorbid medical conditions with SUDs.
- 4. Discuss risk factors, associated symptoms and treatment options for alcohol use disorder (AUD), opioid use disorder (OUD), nicotine use disorder (NUD) and stimulant use disorder.
- 5. Discuss why medication for addiction treatment (MAT) is used for SUDs and the effects produced by these medications.
- 6. Demonstrate SUD screening using an expanded social history integrating the NIDA Quick Screen.
- 7. Identify intra- and extraoral signs associated with various types of SUD.
- 8. Discuss treatment planning considerations and related modifications when managing dental patients with SUDs.

CONFERENCE PROGRAMME

Friday, May 16

PROGRAMME	1 HALL 1	PROGRAMME	1 HALL 2		
8.30am–10.00am	Dr Andy Chandrapal Direct bonding in the aesthetic zone: risks and indications	8.30am–10.00am	Dr Gabriel Krastl Management of challenging trauma cases: thinking beyond the guidelines		
10.00am–11.00am	Dr Tim Donley The bidirectional relationship between gut and oral health	10.00am–11.00am	Prof. Ama Johal Clear aligner treatment for dentists – a new and safer way to deliver this popular treatment to patients		
	11.00am-11.30a	am COFFEE BREAK			
11.30am-12.15pm	Prof. Mike Lewis Ten top tips for oral medicine	11.30am–12.15pm	Dr Catriona Ahern Key principles of radiation protection		
12.15pm-1.00pm	Dr Hannah Walsh Say Cheeeeeese – Management of molar incisor hypomineralisation for the general dental practitioner	12.15pm–1.00pm	Dr Dermot Canavan Does botox have a role in the treatment of TMD and facial pain?		
	1.00pm-2	.00pm LUNCH			
2.00pm-2.45pm	Dr Marc Leffler Disasters in dentistry: When the unthinkable happens	2.00pm-2.45pm	Dr Isobel Olegário Contemporary caries management		
2.45pm-3.30pm	Dr Mauro Frediani The combination of strategic factors for a successful prosthetic rehabilitation	2.45pm–3.30pm	Dr Ann Spolarich Managing patients with polypharmacy		
	3.30pm-4.00p	m COFFEE BREAK			
	4.00pm-4.15pm COSTEL	LO MEDAL PRESENTAT	TION		
4.15pm-4.45pm		ry O'Reilly ut: what are the solutio	ns?		
4.45pm-5.45pm	Dr Jeroen Liebregts Functional and dental rehabilitation after facial trauma				

CONFERENCE PROGRAMME

Saturday, May 17

PROGRAMME	1 HALL 1	PROGRAMME	1 HALL 2
9.30am-10.30am	Dr Tim Donley The perio-cardio link: how it can affect your patients and practice	9.30am–10.30am	Dr Gabriel Krastl Restoration of endodontically treated teeth: key to long-term success
10.30am-11.15am	Dr Catherine Gallagher Medical emergencies in a dental setting	10.30am–11.15am	Dr Edward Cotter Removable partial dentures – a great treatment option in practice
	11.15am-11.45ar	n COFFEE BREAK	
11.45am-12.30pm	Dr Raj Rattan Business ethics – the challenges of running a clinical business	11.45am–12.30pm	Dr Mary O'Keeffe Interceptive orthodontics
12.30pm-1.15pm	Mr Craig Mallorie Oral surgery – tips and tricks from the coalface	12.30pm-1.15pm	Dr Ann Spolarich Risks and benefits of dietary supplement use
	1.15pm-2.1	5pm LUNCH	
2.15pm-3.15pm	Mr Craig Mallorie Demystifying implant-retained dentures – from placement to prosthesis	2.15pm-3.15pm	Dr Gerry McKenna Oral care and the geriatric patient

3.15pm-4.15pm

PANEL DISCUSSION
VARIOUS CLINICAL TOPICS DISCUSSED BY PANEL.



FACIAL AESTHETICS PROGRAMME

ALL CONFERENCE DELEGATES ARE
WELCOME TO ATTEND

Friday, May 16

8.30am-9.15am

Dr Sarah Kate Quinlivan

Communication, patient management and business aspects of aesthetic medicine

9.15am-10.15am

Dr Edel Woods

A new era in dentistry: the shift from dermal fillers to skin health

10.15am-10.45am TEA/COFFEE

10.45am-11.30am

Dr Dallas Walker

Chin and jaw augmentation

11.30am-12.30pm

Dr Rikin Parekh
Periorbital rejuvenation

12.30pm-1.30pm LUNCH

1.30pm-2.30pm

Dr Rikin Parekh Lip augmentation

2.30pm-3.30pm

Mr Wojciech Konczalik

Minimally invasive aesthetics: facial anatomy and avoiding complications

PRESIDENT'S GOLF COMPETITION

The President's Golf Competition will take place at Carlow Golf Club on Thursday, May 15, from 11.00am. The green fee is €60.

For anyone booked to do a pre-Conference course on Thursday, we have reserved some tee times on Wednesday, May 14, from 2.00pm.

Play is in three balls. As well as Conference delegates, accompanying guests and all supply exhibitors are also welcome to play. Only delegates registered for the Conference can be eligible for the President's Prize.

ANNUAL DINNER



The Annual Dinner takes place on Friday, May 16, at the Lyrath Estate. Tickets €110. All delegates and supplier sponsors welcome.

Dress code: Black Tie.



Dr Catriona AhernClinical Lead in Oral Radiology,
Cork University Dental School and Hospital

Key principles of radiation protection

This topic will cover key principles that promote radiation protection and safety in dental practice. These will include:

- radiation doses and the relative risks that these pose to our patients;
- dose reference levels;
- selection criteria for various image modalities;
- radiation protection techniques and how we should apply these to our patients and ourselves; and,
- the importance of QA.

Learning objective: To increase understanding of the fundamental aspects of radiation protection in dentistry.



Dr Mairead BrowneGeneral dental surgeon and aesthetic practitioner,

Celeste Medical

Facial aesthetics – advanced toxin treatments

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Dr Dermot Canavan

BDentSc MGDS (Edin) MS (UCLA) Clinical Cert in Orofacial Pain

Management (UCLA) Cert Cons Sed (TCD)

Does botox have a role in the treatment of TMD and facial pain?

The use of botox (onabotulinum toxin A) by dentists has risen exponentially in the last decade, both for facial aesthetics and the treatment of facial pain. This lecture will review the latest scientific literature on this drug's efficacy in managing orofacial pain. It will also examine and discuss other aspects of its use, including safety and potential complications. Existing protocols for administering botox in the orofacial region will be reviewed in the light of currently available literature.

The learning objectives will include a focus on patient examination techniques, understanding the differential diagnosis of orofacial pain, and managing patient expectations when botox is recommended as part of the treatment plan.



Dr Andrew Chandrapal

Practice limited to prosthodontics and Director, IndigoDent Education

Direct bonding in the aesthetic zone: risks and indications

Aims

To give an overview of how a systematic approach to comprehensive diagnosis and treatment planning ensures a patient-centric approach. To explain how taking a holistic approach to facially driven treatment planning means patients have the appropriate opportunity to say 'yes' to a functioning and aesthetic dentition.

Learning objectives:

- understand how to approach systematic treatment planning for every patient;
- identify the red flags for partial and full facial composite restorations; and,
- identify how digital photography and other tools can enhance planning and communication.

Learning outcomes:

delegates will understand how to use a framework to structure their workflow for systematic gathering and analysis of data.



Dr Edward Cotter

Removable partial dentures – a great treatment option in practice

Chrome-cobalt removable partial dentures are part of the treatment option armamentarium in practice. Application of principles of design can lead to very successful restorations. A variety of different clinical applications will be considered.



Dr Tim DonleySpecialist periodontist and implantologist,
Kentucky, USA

The bidirectional relationship between gut and oral health

The mouth IS connection to the rest of the body. Evidence is emerging that suggests that lifelong management of oral and gut microbiomes can affect systemic health. In this presentation, you will learn what that evidence suggests, and what to do about it. A practical approach to help you better help your patients will be presented.

The perio-cardio link: how it can affect your patients and practice

We have had lots of talk about the periodontal-cardiovascular link, but little talk about what to do chairside ... until now. This presentation outlines an approach to efficiently manage the patients that we have in common with medicine. What to say and what to do (and which patients to say it to) is presented from the perspective of doing what is best for your patients and your practice.



Dr Aisling DonnellyPractice limited to endodontics,
Dublin

Maximising your success in endodontics

Endodontics requires precision and at times can involve challenging treatments. Through comprehensive lectures and practical hands-on teaching, this course will ensure that you can confidently achieve maximum and consistent success when providing endodontic treatment.

Learning objectives:

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- Provide tips on negotiating more challenging canals (curved, sclerosed, or ledged);
 and,
- discuss methods to achieve adequate obturation of the prepared canals.



Dr Richard FlynnPractice limited to endodontics,
Kerry

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Dr Mauro FredianiMD DDS

The combination of strategic factors for a successful prosthetic rehabilitation

Some aesthetic and functional parameters can significantly affect the outcome of a prosthetic rehabilitation. Properly addressing those factors through an accurate preoperative aesthetic and functional analysis and a correct data transmission to the dental lab will undoubtedly facilitate the achievement of a predictable and successful result.

Today technology validly supports the clinician in the definition of an ideal treatment plan and in the optimisation of time and costs. In particular, the dentist can count on digital tools that guide him/her in the step-by-step collection of all the necessary data. Selecting the ceramic material with the dental ceramist is another fundamental step in the management of complex rehabilitation cases. Thanks to the use of metal-free ceramic materials, it is possible to obtain excellent aesthetic results while reducing the need to remove sound tooth structure.

Clinical and technical suggestions on minimally invasive prosthetic procedures (MIPPs) guaranteeing long-lasting aesthetic results and a better acceptance of the treatment by the patient will be provided.



Dr Catherine Gallagher
Lecturer/Specialist in Oral Surgery,
Cork University Dental School and Hospital

Medical emergencies in a dental setting

Following on from updated medical emergency guidelines introduced by Dental Council in 2023, Dr Gallagher will give a presentation on how to deal with medical emergencies in dentistry. Also included will be what to include in a drugs kit and what certified training is needed by the dental team.



Prof. Ama Johal
Professor/Consultant Orthodontist, Academic Lead Orthodontics,
Institute of Dentistry, Queen Mary University of London

Clear aligner treatment for dentists – a new and safer way to deliver this popular treatment to patients

This presentation will provide an overview of the key aspects of clear aligner treatment: case assessment; treatment planning; the fitting appointment (including IPR and the placement of attachments); tracking; and, troubleshooting. It will also cover the key aspects of the dento-legal needs and consent for clear aligner treatment. Importantly, the presentation will offer dentists a NEW safe and easy way of working alongside a specialist orthodontist when planning and treating clear aligner cases.

Learning outcomes

- Dentists will be more confident on what are the key aspects of clear aligner treatment and understand some of the common pitfalls.
- 2. Dentists will become more aware of how clear aligner treatment can be provided safely.
- 3. Dentists will understand the benefits of working alongside a specialist to plan and treat a clear aligner case.



Dr Paul KieltyAesthetic medical doctor and specialist oral surgeon, Cork

Facial aesthetics – advanced toxin treatments

This course is aimed at practitioners who have completed foundation Botulinum toxin Type A training, who are looking to update and advance their knowledge and skills, and provide a broader range of treatments.

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Mr Wojciech Konczalik BMedSci BMBS MRCS PGCert Galderma Medical Affairs Lead for UK and Ireland

Minimally invasive aesthetics: facial anatomy and avoiding complications

This presentation will offer dental practitioners a comprehensive overview of facial anatomy as it relates to minimally invasive aesthetic procedures. Emphasis will be placed on understanding common anatomical variations and key considerations for safe treatment planning. Essential principles of injection techniques will be explored to minimise procedural risks associated with botulinum toxins and hyaluronic acid fillers. Additionally, the session will cover the most common adverse events resulting from these procedures and their appropriate management. The aim is to provide attendees with practical insights that will ultimately enhance patient safety and optimise outcomes in minimally invasive aesthetic treatments.



Chair, Department of Conservative Dentistry and Periodontology, Center of Dental Traumatology, University Hospital of Würzburg

Management of challenging trauma cases: thinking beyond the guidelines

Dr Gabriel Krastl

Traumatic dental injuries (TDIs) are often complex, requiring in-depth knowledge of the physiological and pathological responses of the affected tissues. While recent guidelines offer valuable, structured guidance for managing most TDIs, they may fall short in complex cases or those with severe late sequelae, where clear treatment recommendations are less defined. This lecture will present a series of challenging cases, exploring treatment options based on the best available evidence.

Restoration of endodontically treated teeth: key to long-term success

An adhesive, bacteria-tight coronal restoration is essential in endodontic treatment and should be placed promptly. The definitive restoration should enhance the fracture resistance of the often structurally compromised root canal-treated tooth, ensuring long-term stability. A post in the root canal is only necessary with significant substance loss, particularly in anterior teeth and premolars, while molars can typically be restored without a post. When indirect restorations are indicated, partial crowns are preferred to preserve as much healthy tooth structure as possible.



Dr Jeroen Liebregts

MD DDS PhD

Oral and maxillofacial surgeon,

Radboud University Medical Center and Private Practice (Expertise
Kliniek voor Implantologie Grave)

Functional and dental rehabilitation after facial trauma

Dentistry is undergoing a digital revolution, with 3D imaging and digital technology playing a pivotal role in oral implantology and restorative dentistry. Effective treatment of severe orofacial trauma requires a multidisciplinary approach, now greatly enhanced by 3D digital planning. But what does this mean for the patient and treatment outcomes? Using complex trauma cases, including that of cyclist Fabio Jakobsen, this presentation explores holistic treatment planning, digital smile design (DSD), and 3D workflow. It highlights the importance of shared decision-making and teamwork in achieving optimal results for patients with severe dentoalveolar trauma.



Dr Marc LefflerDDS
Dental lead, Medpro (Medisec)

Disasters in dentistry: when the unthinkable happens

This presentation begins with a brief, basic definition of dental malpractice, to provide the attendee with background legal principles, and then transitions into several 'disaster' dental claims, one each in the categories of pre-operative, intra-operative, and postoperative errors, with their associated clinical complications. Risk management considerations will be included to assist dentists in preventing the types of results that commonly lead to dental malpractice claims.



Prof. Mike LewisEmeritus Professor of Oral Medicine, Cardiff University

Ten top tips for oral medicine

This presentation will cover oral mucosal disorders and forms of orofacial pain that are seen frequently in primary dental care. The material will be delivered in a self-assessed, interactive quiz style that will allow participants to gain an appreciation of their knowledge of oral medicine.

Learning outcomes:

- improved recognition of the clinical features and symptoms of a range of oral medicine conditions; and,
- apply knowledge of oral disease and orofacial pain to enhance patient management and ultimately improve clinical outcome.



Mr Craig MallorieSpecialist oral surgeon,
Wales

Demystifying implant-retained dentures – from placement to prosthesis

Mr Mallerie will be sharing with us nearly two decades of experience in the field of providing implant-retained dentures. He will be covering both the theory behind planning the cases, and the surgical and prosthetic steps. Implant-retained dentures can be a fantastic treatment solution for those patients struggling with loose conventional dentures who perhaps do not have the finances, or bone availability, to have conventional fixed-implant treatment.

Oral surgery – tips and tricks from the coalface

In an effort to try and make the life of a GDP doing oral surgery procedures easier, this presentation will share tips and tricks that Mr Mallerie has picked up from nearly two decades of experience working in the field of oral surgery.



Dr Gerry McKennaConsultant in Restorative Dentistry and Prosthodontics, Queens
University Hospital, Belfast.

Oral care and the geriatric patient



Dr Isabel OlegárioSenior Lecturer – Royal College Surgeons in Ireland (RCSI),
Paediatric Dentistry

Contemporary caries management

Learning objectives

To be knowledgeable of:

- dental caries: disease versus lesion;
- caries diagnosis (ICDAS/CCI);
- minimum intervention dentistry (MID); and,
- current consensus on when to intervene in the caries process.



Dr Mary O'KeeffeSpecialist orthodontist, Waterford

Interceptive orthodontics

The aim of the lecture is to focus on indications and contraindications for effective interception of malocclusions, but also to show and discuss a different method of early treatment. This involves moving the permanent teeth, or inducing their correct eruption, without physically touching them. Correct timing is fundamental to optimise the efficiency of this treatment. Furthermore, treatment can be carried out with minimal compliance from the patient.

Learning objectives:

- Learn a method for treatment of the mixed dentition to correct malocclusion in a predictable way, with little patient co-operation and no risk of damaging permanent teeth.
- 2. Understand the indications, goals and effective procedures of early treatment.



Dr Rikin ParekhGDP & Medical Director of Avanti Aesthetics Clinic, London.

Periorbital rejuvenation

Lip augmentation



Dr Sarah Kate QuinlivanMedical aesthetics and founder SK/N D6

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Dr Rory O'ReillyGeneral dental associate, London

Evidence-based burnout part two: what are the solutions?

Synopsis and learning objectives

This lecture presents the second instalment of a two-part series on burnout in dentistry; the first was presented towards the end of 2024 as part of the IDA's online lectures. Both portions focus on how burnout has been treated in the literature, aiming to disentangle the construct from what appears in the media and popular culture.

The central aim of part two is to explore solutions that have been proposed for burnout in dentistry, and healthcare workers more broadly. While the emphasis will be on existing literature, the lecture will also feature an editorial-style commentary from Dr O'Reilly, contextualising research findings with the day-to-day experiences of dental practice.

The learning objectives are to better understand:

- how can burnout be prevented?; and,
- how can existing burnout be addressed in myself and in my team?



Dr Raj RattanDirector, Dental Protection

Business ethics – the challenges of running a clinical business



Dr Anne SpolarichRDH PHD

Managing patients with polypharmacy

Patients of all ages present to the dental setting with polypharmacy and polyherbacy. This programme will review risk factors for polypharmacy, health risks associated with medication complexity, and strategies to improve collaborative care communications between patients and dental and medical providers to reduce the likelihood of medication errors. Specific populations for whom polypharmacy poses significant risks will be identified. Dental practice recommendations for managing affected individuals safely will be presented.

Risks and benefits of dietary supplement use

The purpose of this course is to provide oral healthcare professionals with current information about the assessment, treatment and management of clients taking selected vitamins, minerals and herbal supplements. Specific course content will focus on current knowledge of the risks and benefits of supplements, with a focus on supplements of specific relevance to dentistry.



Dr Hannah WalshSpecialist in Paedriatic Dentistry,
Blackpool Teaching Hospitals, NHS

"Say cheeeeeese" – management of molar incisor hypomineralisation for the general dental practitioner

This lecture is aimed at dentists and dental care professionals treating paediatric patients with molar incisor hypomineralisation (MIH). It will provide an update on current guidelines and effective strategies for managing the condition. The lecture aims to help identify MIH from other dental anomalies and explore various treatment options, and will include lots of practical clinical tips in managing these difficult teeth.

Learning objectives:

- to learn and diagnose anomalies of first permanent molars;
- to recognise when molars are of a poor prognosis;
- to update knowledge and guidance for restoring compromised first permanent molars; and,
- treatment planning the loss of first permanent molars.



Dr Dallas WalkerAesthetic practitioner,
Dublin

Chin and jaw augmentation

The multimodal approach to augmenting the chin and jawline across various patient demographs and ages. The presentation will discuss the use of dermal fillers, botulinum toxin, and energy-based devices such as FaceTite, quantum radiofrequency, and radiofrequency microneedling. Also covered is the role of threads and surgical options to ensure a comprehensive overview of treatment possibilities.



Dr Edel WoodsDentist and aesthetic practitioner,
ORA Skin Clinic

A new era in dentistry: the shift from dermal fillers to skin health

Aesthetic practice is undergoing a transformation of its own. The focus is no longer on masking the signs of ageing and temporary solutions like dermal fillers but on building long-term skin health from within. Modern aesthetic practice focuses on regenerative treatments designed to harness and promote the body's natural ability to heal, repair and renew. Central to this is boosting the skin's ability to produce collagen. From lasers to microneedling and hyaluronic acid to polynucleotides, the exciting realm of collagen boosting is ever expanding and catering to the growing demand for more sophisticated, less invasive solutions.

Learning objectives:

- understand the categories of collagen-boosting treatments available;
- understand the mechanism of action for the various injectable collagenboosting treatments:
- highlight the evidence for the most popular injectable collagen-boosting treatments; and,
- tips for incorporating collagen-boosting treatments into your practice.

An evening in Kilkenny's Medieval Museum

Thursday May 15, 7.00pm





Travel by coach into the heart of the Marble City to the beautiful venue of the Medieval Museum. Guests will experience 800 years of history under one roof. Ireland's finest example of a medieval church, the site has been lovingly restored in recent years.

Guests will be treated to pre-dinner drinks, followed by dinner, wine and entertainment. All are welcome to attend. Tickets must be purchased in advance − €65 per person. Due to space, tickets are limited, so please book early.

Annual Conference 2025 Registration Form

All delegates must register online for the Conference.

IDA MEMBERS can register by first logging on to the members' section of the website, and then choosing BOOK CPD from the menu bar.

NON-IDA MEMBERS/TEAM MEMBERS can register by going to www.dentist.ie, clicking BOOK CPD on the menu bar, and entering your email and password.

INTERNATIONAL DELEGATES can register by firstly registering on the IDA portal. Please click here for instructions on how to do this.

If you are having any difficulties, please email aoife@irishdentalassoc.ie.

PRE-CONFERENCE/HANDS-ON COL	JRSES		MEMBER	NON-MEMBER
Facial aesthetics	Drs Mairead Browne,	Full-day demo/lecture	€550	€1,100
	Paul Kielty and Sarah Kate			
Periodontics	Dr Tim Donley	Half-day workshop (afternoon)	€295	€590
Endodontics	Drs Richard Flynn	Full-day hands-on course	€550	€1,100
	and Aisling Donnelly			
Composites	Dr Andrew Chandrapal	Full-day hands-on course	€600	€1,200
Sleep apnoea	Prof. Ama Johal	Full-day hands-on course	€600	€1,200
Polypharmacy	Dr Ann Spolarich	Half-day lecture (afternoon)	€295	€590
Prosthetic rehabilitation masterclass	Dr Mauro Frediani	Half-day lecture (afternoon)	€295	€590
Full Conference, Friday and Saturday			€400	€800
			€300	€600
One day of Conference			€300 FOC	
One day of Conference				
One day of Conference Undergrad student			FOC	€600 €500
One day of Conference Undergrad student Postgrad student Dental team member SOCIAL PROGRAMME			FOC €250 €160 covers both Friday	€600 €500
One day of Conference Undergrad student Postgrad student Dental team member SOCIAL PROGRAMME Thursday night dinner			FOC €250	€600 €500
One day of Conference Undergrad student Postgrad student Dental team member SOCIAL PROGRAMME Thursday night dinner Golf			FOC €250 €160 covers both Friday €65 per person	€600 €500
One day of Conference Undergrad student Postgrad student Dental team member SOCIAL PROGRAMME			FOC €250 €160 covers both Friday	€600 €500

The above prices are valid until March 8, after which time prices will increase by €50.

INTERNATIONAL VISITORS

If you are an international dentist and you are member of your home country's dental association, we will offer you the IDA membership rates to attend the Conference.



Accommodation in Kilkenny

Accommodation at the conference hotel, Lyrath Estate, will be limited. Other options are available around Kilkenny. Delegates and trade sponsors will need to book their own accommodation directly with their hotel of choice.



Wednesday May 14, Thursday May 15, and Friday May 16:

€200 single €220 double

To book, call 056-776 0088 *Limited availability.

Kilkenny Ormonde Hotel

Thursday May 15: Single €179 Double €189

Friday May 16: Single €259 Double €269

Rooms released March 14 2025

To book, call 056-775 0200 quoting reference 605549.

River Court Hotel

Thursday May 15: Single €175 Double €185

Friday May 16: Single €275 Double €285

Rooms released March 20 2025

To book, call 056-772 3388 or email reservations@rivercourthotel.com and quote reference 587253.



Pembroke Kilkenny

Thursday May 15: Single €188

Friday May 16: Double €233

Rooms released by April 17.

To book, call 056-778 3500 or email reservations@pembrokekilkenny.com and quote reference 394503.

Newpark Hotel

Thursday May 15: Single €110 Double €130 Triple €150

Friday May 16: Single €180 Double €200 Triple €230

To book, call 056-776 0500 or email reservations@newparkhotel.com.

Hoban Hotel

Thursday May 15: €169

Friday May 16: 219

Rooms released April 3, 2025

To book, please click on the link Hoban Hotel Kilkenny - Irish Dental Association May 15 and 16, 2025 $\,$

